

Jesus, the light of the world

# THE MESSENGER

## Our Saviour Lutheran Church

### February 2014

From the Pastor—

During the summer in high school and college, I worked as a waitress in a truck stop. It is probably the hardest physical work I have ever done in my life. It is harried. It does not earn you a great deal of respect. I am not really a very good waitress. The cook's nickname for me was "scatter-brain." One day as I was walking by a table someone called "waitress." I turned my head and said "what." I was tired and already past busy. It was not one of the nicest tones.

During January we have concentrated on being the called and beloved children of God. I have said again and again that God calls us. During February we will be hearing the answer to "what." Hopefully because it's the voice of God it will be a more polite "what" than mine. The question for February is "To what does God call us?" It is what Matthew is interested in telling us. What it is that God calls us to do in the world.

We have a number of opportunities to hear the answer to that questions. Certainly the readings on Sunday morning will point in that direction. We will walk through a portion of the Sermon on the Mount.

On February 5, Lutheran Disaster Response will meet at Our Saviour for a training on responding to disasters. God may just call us when we are frazzled, when we are over-busy, when we are too tired to respond to our brothers and sisters in need.

On February 9th, I will be out of town, but our Bishop, Marie Jerge, will be at Our Saviour leading worship and preaching. She also wants to have a time to talk to us about the work of the Upstate New York Synod of the ELCA. We will do that after worship over soup and bagels. I am guessing that we will hear from her what it is that our Synod calls us to be about here.

We are asking people who are interested in shaping worship for the second and the fourth Sundays of each month to meet on February 23rd. This is a new calling. We are looking for volunteers.

This is what it means to be the called people of God. It means that we are constantly turning our heads and saying, "what." we are aware that we are the called and beloved children of God. We are aware that we do not earn God's love for us by what we do. God still continues to call so that all our brothers and sisters might hear and experience that love in the ways we are for the sake of the world.

Pastor Anita



## THE MESSENGER

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Contributors: Members of the Congregation.

**REMINDER**—please mark your calendars.

**The deadline for the March 2014 issue of  
The Messenger is February 15, 2014.**

**Be sure that your group's upcoming events are included.** All members of the congregation are welcome to submit information for the monthly Messenger. Articles may be sent to the church office, dropped off in the office or e-mailed to [oslc-utica@verizon.net](mailto:oslc-utica@verizon.net).

## OUR SAVIOUR LUTHERAN CHURCH CONTACT LIST

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Priscilla Dygert, Secretary. .... 794-8506  
John Adasek. .... 735-3168  
Katherine David. .... 732-0611  
David Dudajek. .... 736-8685  
Youth Group Member ..... Rotates  
**Coffee Hour Coordinator** ..... Marian Arntsen  
**Hope House Coordinator** ..... Jan Dudajek  
**Altar Guild** ..... Gerry Presser



Pam Donovan , Council V. Pres. .... 736-8042  
Paul Douglass, Treasurer. .... 733-9240  
Bruno Aploks. .... 797-9032  
Liz Douglass ..... 733-9240  
David Wilbur ..... 725-0835

If you have a committee question, please speak to one of the Congregation Council members.

## Our Community Outreach

*Members of Our Saviour live among God's faithful people, serve all people, and strive for justice and peace in all the earth by sharing our building and supporting these programs:*

**Alcoholics Anonymous®** a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism holds regular meetings in our facility

**Seeds of Hope**, a local food pantry is a collaborative effort of First Presbyterian—Utica, Our Saviour, New Hartford Presbyterian, and New Hartford United Methodist churches.

**Hope House**, a safe haven providing meals and other services in Utica is supported by volunteers from our congregation.

**SPAN**, a resource program for individual nurses who are affected by an alcohol or drug-related problem or related mental health problem meets weekly in our building.

**HIV dinners** which provide dinner and a place for people who are HIV positive to network and learn about the latest trends in treatment are held each month at our church.

**Boy Scouts of America**, has a chartered scouting program including a Cub Scout Pack. Paul Douglass serves as our congregation liaison to the scouting program.



# Congregational Ministries

TACKLE



HUNGER

## Souper Bowl of Caring

**1 in 8 people in the world are hungry right now!  
A child dies every 60 seconds from Malaria!**

On Super Bowl Sunday February 2, 160 million Americans will tune in to the football game, enjoy abundant food, friendship and fellowship.

**Our Saviour will tackle hunger and malaria.**

Join us for a soup lunch with bread and cookies after church on February 2 for our *Souper Bowl of Caring*. All financial donations will support the ELCA Malaria Fund. This will be our final fundraiser for the Malaria Campaign.

Donated canned goods and other food items will be given to the *Seeds of Hope* food pantry. For more information contact Liz Douglass at 733-9240.

### HUNGER FACTS

- 868 million people are chronically hungry
- 1.4 billion people live in extreme poverty living on less than \$1.25 per day
- In the U. S. more than 50 million people do not know where their next meal will come from
- 46.2 million Americans are living in poverty.



The ELCA Malaria Campaign funds programs of companion

churches and Lutheran partners in education, prevention and treatment of malaria by:

- Providing life-saving health care & medicine
- Training health care providers to diagnose and treat malaria
- Teaching people how to protect themselves from mosquitoes
- Distributing mosquito nets
- Providing preventative medication for pregnant women and babies
- Supporting community projects to control environments where mosquitoes live.

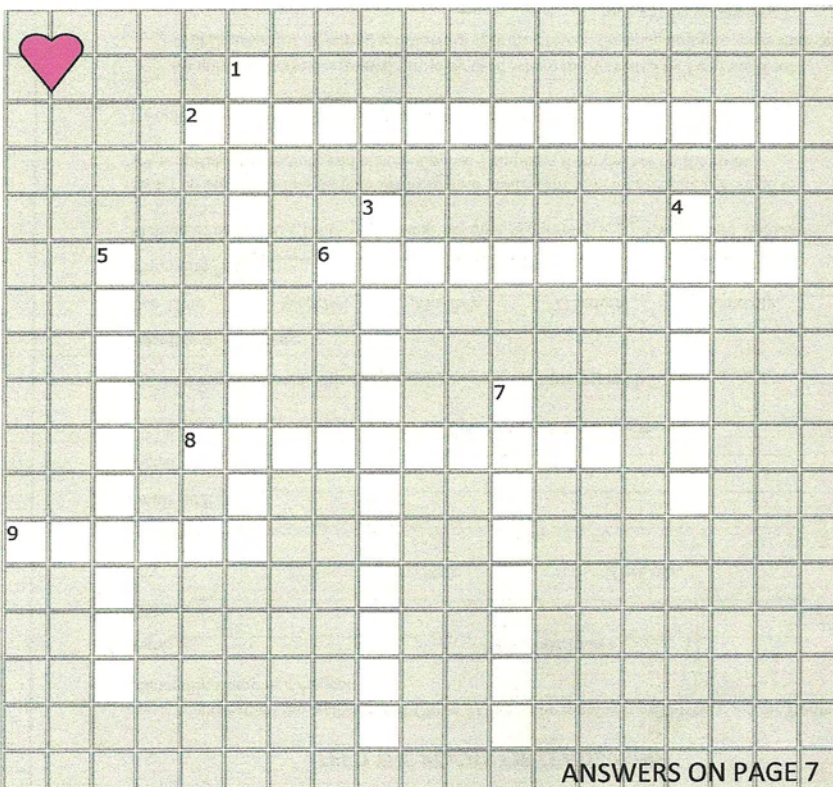
### SOUPER BOWL CROSSWORD PUZZLE

#### DOWN

1. People that are employed but whose wages from work are not enough to raise them above the federal poverty line. (2 words)
2. Access to enough food to maintain a healthy lifestyle. (2 words)
3. The act of giving something to individuals or families in need.
4. A charitable program that gives periodic bags of food to the hungry (2 words)
7. A place where food is offered to nonprofit agencies for distribution. (2 words)

#### ACROSS

2. The limited or uncertain availability of safe, nutritious food. (2 words)
6. A charitable program that provides free meals to hungry people. (2 words)
8. A youth movement that has raised millions of dollars worth of food and money since it began in 1990. (2 words)
9. The uneasy or painful sensation cause by involuntary lack of food which may over time result in malnutrition.



ANSWERS ON PAGE 7



Supporting God's work through our giving.

TREASURER'S REPORT				November 2013			
	2012			THRU	2013		
	BUDGET	ACTUAL	VARI	<b>October</b>	BUDGET	ACTUAL	VARI
INCOME	\$173,225	\$150,085	-13%		\$ 88,707	\$ 95,102	7%
EXPENSES	<u>\$173,225</u>	<u>\$123,093</u>	-29%		<u>\$162,236</u>	<u>\$126,708</u>	-22%
OUTSTANDING OBLIGATIONS	\$ 0	\$ 26,992			(\$73,530)	(\$31,606)	
	BUDGET	ACTUAL	VARI	<b>November</b>	BUDGET	ACTUAL	VARI
INCOME	\$15,748	\$14,522	-8%		\$ 8,064	\$ 9,201	14%
EXPENSES	<u>\$15,748</u>	<u>\$23,112</u>	47%		<u>\$ 14,749</u>	<u>\$ 7,493</u>	-49%
OUTSTANDING OBLIGATIONS	\$0	(\$ 8,590)			(\$ 6,685)	\$ 1,708	
W/DRAWN FROM INVESTMENTS		\$47,000				\$0	
TOTAL OUTSTANDING	\$0	\$18,402			(\$80,214)	(\$29,898)	

**NOTE: Current month:** Our income is 14% ABOVE estimate and our expenses are 17.3% BELOW budget. We are \$1,708 in the BLACK for the month of November.

**Year to Date:** Our income was 17.6% ABOVE estimate and our expenses are 17.3% BELOW plan. We are currently \$29,898 in the RED, BECAUSE OF THE UNBALANCED BUDGET We have actually given \$7,532 over budget.

Information presented by Paul Douglass, Treasurer

TREASURER'S REPORT				December 2013			
	2012			THRU	2013		
	BUDGET	ACTUAL	VARI	<b>November</b>	BUDGET	ACTUAL	VARI
INCOME	\$188,973	\$164,607	-13%		\$ 96,771	\$104,303	8%
EXPENSES	<u>\$188,973</u>	<u>\$146,206</u>	-23%		<u>\$176,985</u>	<u>\$134,201</u>	-24%
OUTSTANDING OBLIGATIONS	\$ 0	\$ 18,402			(\$80,214)	(\$ 29,898)	
	BUDGET	ACTUAL	VARI	<b>December</b>	BUDGET	ACTUAL	VARI
INCOME	\$15,748	\$18,979	2%		\$ 8,064	\$ 18,669	132%
EXPENSES	<u>\$15,748</u>	<u>\$12,023</u>	-24%		<u>\$ 14,749</u>	<u>\$ 15,651</u>	6%
OUTSTANDING OBLIGATIONS	\$0	\$ 6,956			(\$ 6,685)	\$ 3,018	
W/DRAWN FROM INVESTMENTS		\$47,000				\$ 30,000	
TOTAL OUTSTANDING	\$0	\$ 25,357			(\$86,899)	\$ 3,120	

**NOTE: Current month:** Our income is 132% ABOVE estimate and our expenses are 6% ABOVE budget. We were \$3,018 in the BLACK for the month of December.

**Year to Date:** Our income was 17.3% ABOVE estimate BUT our expenses were 21.8% BELOW plan. We withdrew \$30,000 from our investments for the year. We were \$3,120 in the BLACK.

Information presented by Paul Douglass, Treasurer



## Property News



### VOLUNTEERS NEEDED!

We need volunteers who would like to help snow blow, shovel and salt all the sidewalks during the winter. If you can help, please contact Jim Lenahan or Clare Thiem for further details.

Thank you!  
Property Committee

Jim Lenahan 859-0747 (home) 723-2270 (cell)	Clare Thiem 853-1933 (home)
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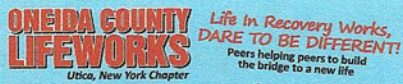
## More Congregational Ministries

### Hope House



Members of Our Saviour help to prepare and serve dinner at Hope House once a month. If you would like to volunteer for this ministry, please contact Jan Dudajek 736-8685.

## Community Sharing



Life In Recovery Works,  
DARE TO BE DIFFERENT!  
Peers helping peers to build  
the bridge to a new life

Oneida County Lifeworks (OCLW) organization began hosting monthly Children's Movie Nights and Family Dinner Nights in January 2014 at Our Saviour.

Friday, February 21, Lifeworks will be hosting Children's Movie Night from 6:00—8:00 PM. There will be free popcorn and soft drinks for the children, while they enjoy the movie. This is an opportunity for children of recovering parents to engage in healthy fun activities that involve socialization with other children. We invite the parents to stay, socialize, and build their recovery support network with other parents in recovery.

Saturday, February 22, we will host Family Dinner Night from 4:00—7:00PM. This month is spaghetti dinner, cold salad, and dinner rolls. There is not charge for the evening. Families in recovery are encouraged to come, take part in team cooking, and dinner set up. Family Dinner Night is designed for two reasons. One is to help families in recovery learn to create personal planning budgets, use of coupons, menu plans, learn new recipes, and to develop or enhance skills to create healthy meals for their families. The second part of Family Dinner Night is to generate and acquire healthy communication and interaction skills to promote family healing and strengthening of the family bonds. The members recipes will be saved throughout the year and an Oneida County Lifeworks Recipe Book will be created for future funding options.

The OCLW peer to peer meetings are held regularly every other Saturday at 5:30PM. On the Family Dinner Nights, peers are encouraged to attend their meeting if they so choose. The meeting will be open. The next peer meetings are schedule for February 8 and February 22, 2014. An updated schedule is posted on the church bulletin board approximately every three months.

The OCLW board meeting is also held every other Saturday opposite the peer meetings. The next board meetings are scheduled for February 1 and February 15. OCLW has just accepted a new member to the board. Her name is Carmen Young. She is the widow of Dr. Paul Young from Utica College. She has graciously accepted the position of OCLW treasurer.

Dawn Muldoon, OCLW Chair

(Editor Note—Our Saviour opens our building to several community organizations. OCLW offices are located on the 2nd floor of the church.)



# In the community around us.



**“Gifts from the Heart”**  
Hospice and Palliative Care is hosting an open house for current and prospective volunteers

on Thursday, February 13, 2014 from 4:00-6:00p.m. at 4277 Middle Settlement Road, New Hartford. Join Hospice staff and current volunteers to learn more about Hospice and the more than 30 different ways to volunteer. There is a volunteer opportunity for everyone.

For more information, contact Kate Doran, Volunteer and Bereavement Services Supervisor at 735-6487, ext. 240.



**THE HOUSE**

## Become a Foster Parent

It's easy to be a Foster Parent with The House of the Good Shepherd. We're looking for homes where kids who have experienced trauma can

receive guidance, support and a caring family. You might be surprised at the diversity of our foster parent families.

We especially encourage relatives of our children to consider foster care. We call it “Kinship,” and it's a wonderful way for a child to stay in familiar surroundings with people he or she knows.



Foster Care Utica will be offering a free 12 week Spring training session beginning April 8. Training will be held every Tuesday for 12 weeks from 6—9 pm. For information and on-line application visit the website at [www.hgs-utica.com/](http://www.hgs-utica.com/) or call 235-7600.

## Thea Bowman House Annual Italian Night Pasta Dinner



Saturday, February 8, 2014  
4:00—6:30 p.m.

DeSales Center

309 Genesee St., Utica  
(formerly St. Francis DeSales School)  
Tickets: At the door or call 797-0748

Adults—\$10.00

Children (ages 5 -10) - \$5.00

Children 4 and under free

TAKE OUTS AVAILABLE

Donations—accepted at 731 Lafayette St.



“He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?” Micah 6:8





# In the wider Lutheran community



Visit the Thrivent website, [www.thrivent.com](http://www.thrivent.com) to learn more about:

- What is the right amount of life insurance for you? There are two basic ways to calculate the amount of life insurance you need—a needs based approach and a human life value approach.
- The benefits of an asset allocation fund—for investors who value diversification and professional money management, an asset allocation fund offers access to multiple asset classes and investment styles, all with one fund purchase.
- Life insurance as a charitable giving too that can provide you flexibility with your estate and giving strategy and allow you to make gifts you might otherwise not be able to make.
- The Thrivent Choice® charitable grant program that allows eligible benefit members to help direct where some of the organizations charitable grant dollars go.

Local Thrivent Financial for Lutheran representatives can be contacted at 451-0252.

The North Central New York Chapter is the local Thrivent chapter for our area. It meets monthly at LutheranCare. Paula and Dale Klingensmith from our congregation are members of the local chapter.

Visit us on the Web!

## Check us out!

[www.oursaviourlutheranchurchutica.org](http://www.oursaviourlutheranchurchutica.org)



The kind people at Good Shepherd Lutheran Church in Fayetteville, NY, opened up their church to Vanderkamp to hold their Silent Auction, which is an event held every year to raise money for children to come to summer camp—who couldn't otherwise afford it. This year, almost 100 people came out, bidding on everything from tickets to a show at Syracuse Stage, to works of art, to handmade furniture made by wood harvested right at Vanderkamp. The Silent Auction is the biggest fundraising event, and this year was our biggest Silent Auction ever raising more than \$5,000!

We have more and more children come to camp with financial help each year, and as the camp grows, we feel it is very important to continue to serve underprivileged communities.

2013 was the biggest year ever for number of campers attending Vanderkamp. Plan now to spend some time at Vanderkamp this summer. Information and registration forms are available now on the website at [www.vk.org](http://www.vk.org) or call the camp at (315)675-3651.



### Church World Service Disaster Recovery Tools and Training Wednesday, Feb. 5, 2014 8:30am—4:30pm Our Saviour Lutheran Church

This day long workshop to provide tools and training needed for the work of disaster long term recovery and rebuilding is sponsored by Church World Service. National facilitators from several faith-based disaster entities will be on hand including Lutheran Disaster Response, World Renew, Presbyterian Disaster Assistance and the United Methodist Committee on Relief.

Anyone interested in helping with rebuilding work from last summer's floods in Herkimer & Oneida county is welcome to attend. To pre-register call Patsy Glista at 235-7106 or [pghlista@upstatenysynod.org](mailto:pghlista@upstatenysynod.org) and provide your name, and contact information.

### Answers to Souper Bowl Puzzle

#### Down

1. Working Poor
3. Food Security
4. Charity
5. Food Pantry
7. Food Bank

#### Across

2. Food Insecurity
6. Soup Kitchen
8. Souper Bowl
9. Hunger







## February 2014 Schedule

**Worship is at 10:00am each Sunday**  
**Traditional worship on 1st, 3rd, and 5th Sundays and**  
**Contemporary worship on the 2nd and 4th Sundays.**

**JAM TIME**  
**Jesus and Me**  
 Children's time  
 with  
 Pam Donovan

	Feb. 9, 2014	Feb. 16, 2014	Feb. 23, 2014	Mar. 2, 2014	Mar. 5, 2014, 7pm Ash Wednesday
<b>GREETERS</b>	Sandy and Jim Lenahan	Pam Donovan and Dennis Ready	Mary Ellen Riemenschneider and Alex Dudajek	Liz and Paul Douglass	Sandy and Jim Lenahan
<b>ACOLYTES</b>	Michael Robles	Anthony Robles and Derek Thrasher	Joey Abraham	Mariah and Noah Thrasher	Michaels Robles
<b>WORSHIP ASSISTANT</b>	NA	Norris Ellinwood	NA	Barbara Godbey-Miller	Patsy Glista
<b>LECTOR</b>	NA	Erica Tollerton	NA	Dave Wilbur	Scott Donovan
<b>NURSERY</b>	Sue Arntsen	Liz Douglass	Susan Morris	Judy Petroski	No nursery
<b>COFFEE HOSTS</b>	Judy Sica and Susan Morris	Willie and Charles Bach	Paula and Dale Klingensmith	TBA	NA



**Feb. 2 Coffee Hosts**—Mary Ellen Riemenschneider and Bev Smith

**Ushers**—Betty Gallup, Liz Douglass, Bev Lombard, Linda Roser  
**Altar Guild**—Gerry Presser and Sharon Jacintho



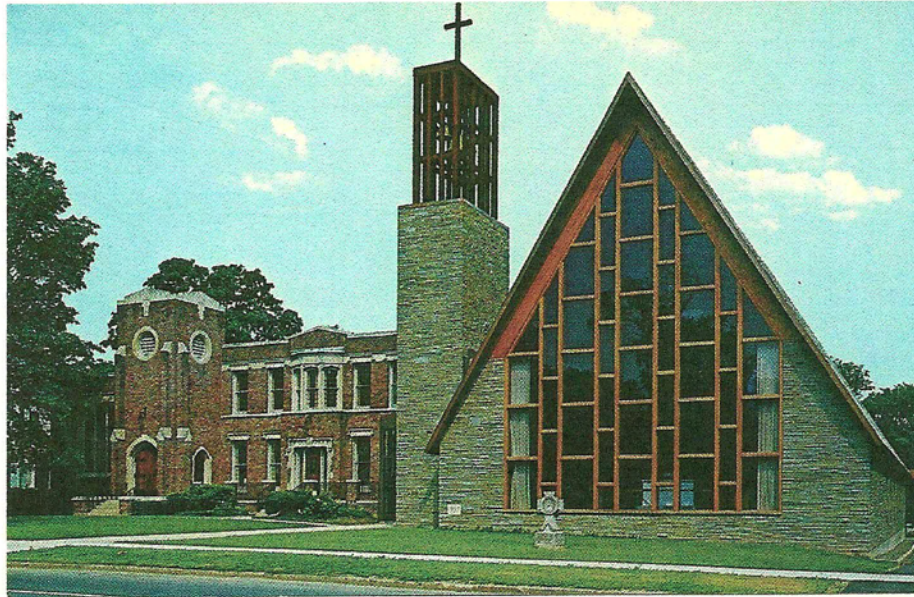


Our Saviour Lutheran Church  
1640 Genesee Street  
Utica, New York 13502

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Vol. 12, Issue 2

Rev. Anita Mohr, Pastor



## JOIN US FOR WORSHIP

*Worship at 10:00am*  
*Children's **Jesus and Me** (JAM)*  
*time during worship*

*As faithful believers of Our Saviour Lutheran Church  
we profess the covenant God made with us in our Baptism:  
to live among God's faithful people,  
to hear the word of God and share in the Lord's supper,  
to proclaim the good news of God  
in Christ through word and deed,  
to serve all people, following the example of Jesus,  
and to strive for justice and peace in all the earth.*